

Medieval Literature: Knight's Code of Chivalry

1. To fear God and maintain His Church
2. To serve the liege lord in valour and faith
3. To protect the weak and defenceless
4. To give succour to widows and orphans
5. To refrain from the wanton giving of offence
6. To live by honour and for glory
7. To despise pecuniary reward
8. To fight for the welfare of all
9. To obey those placed in authority
10. To guard the honour of fellow knights
11. To eschew unfairness, meanness and deceit
12. To keep faith
13. At all times to speak the truth
14. To persevere to the end in any enterprise begun
15. To respect the honour of women
16. Never to refuse a challenge from an equal
17. Never to turn the back upon a foe

The Art of Courtly Love From *The Art of Courtly Love* by Andreas Capellanus

1. Marriage is no real excuse for not loving.
2. He who is not jealous cannot love.
3. No one can be bound by a double love.
4. It is well known that love is always increasing or decreasing.
5. That which a lover takes against the will of his beloved has no relish.
6. Boys do not love until they reach the age of maturity.
7. When one lover dies, a widowhood of two years is required of the survivor.
8. No one should be deprived of love without the very best of reasons.
9. No one can love unless he is propelled by the persuasion of love.
10. Love is always a stranger in the home of avarice.
11. It is not proper to love any woman whom one would be ashamed to seek to marry.
12. A true lover does not desire to embrace in love anyone except his beloved.
13. When made public love rarely endures.

14. The easy attainment of love makes it of little value: difficulty of attainment makes it prized.
15. Every lover regularly turns pale in the presence of his beloved.
16. When a lover suddenly catches sight of his beloved his heart palpitates.
17. A new love puts an old one to flight.
18. Good character alone makes any man worthy of love.
19. If love diminishes, it quickly fails and rarely revives.
20. A man in love is always apprehensive.
21. Real jealousy always increases the feeling of love.
22. Jealousy increases when one suspects his beloved.
23. He whom the thought of love vexes eats and sleeps very little.
24. Every act of a lover ends in the thought of his beloved.
25. A true lover considers nothing good except what he thinks will please his beloved.
26. Love can deny nothing to love.
27. A lover can never have enough of the solaces of his beloved.
28. A slight presumption causes a lover to suspect his beloved.
29. A man who is vexed by too much passion usually does not love.
30. A true lover is constantly and without intermission possessed by the thought of his beloved.
31. Nothing forbids one woman being loved by two men or one man by two women.